

Upper Sixth Enrichment Programme 2011-2012

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Oxbridge instructions

Games (*typically: Soccer, Rugby, Hockey, Basketball, Life-saving, Badminton, Squash, Climbing, Table Tennis, Weights/Fitness, Athletics, Cricket, Tennis*)

Taster Courses (listed in alphabetical order of teachers' surnames)

Whole Year Course

Level 1 Certificate in Coaching Rugby Union: Mr S Swindells

One Term Courses (September–December)

WEDNESDAY

Martial Arts: Dr RC Bradford

Chess: Mr AP Burrows

Introduction to Film Studies: Mrs ER Dalton

Computer Programming: Mr SJ Duffy

The Politics of Killing: Mr TA Gregory

Legal Issues: Mr GW Harrison

Creative Writing: Mrs A Lloyd-Hughes

Dynamics of Personal Finance: Mr BJ North

Development Resources in an Electronic World: Mr D Preston

Spanish and Latin American Film: Mr RW Simpson

FRIDAY

Critical Thinking for HAT, LNAT, ELAT, etc, Mrs L J Anderson

Ethics for Doctors: Mr D Brown

TIMETABLE AND ALLOCATIONS

Options Blocks are timetabled as follows:

- Wednesday Periods 6 & 7
- Friday Periods 6 & 7

**When you sign up for a course, your attendance at lessons is compulsory.
Instructions for filling in the choice-sheets:**

At the beginning of the Michaelmas Term, you make your choices for the first half-year (September to December). You will make your choices for the second half-year in early December. Second-half-year Options will run from January to Easter.

HOW MANY COURSES?

If you are continuing to study four A-levels, you are only required to do any courses. You may, of course, choose to do additional options – and sports squad members will certainly be picking 4 periods of games.

If you are dropping down to three A-levels, you will be expected to take 4-6 periods of enrichment activities.

If you are studying IB, you are not required to choose any options.

Oxbridge

Oxbridge sessions count as options periods and contribute to the expected totals listed above. All Oxbridge periods are timetabled for Friday periods 6 and 7 this year, so that almost all students (A Level and IB) should have access to Oxbridge teaching.

Specific instructions for Oxbridge candidates

1. Oxbridge teaching takes precedence over any other Options course, including Games.
2. You must check with the relevant Head of Department which Oxbridge lessons you should attend (this is obviously especially important for Modern Foreign Languages).
3. Arrangements for Week B may differ from those for Week A.
4. You will find below a list of subjects with teachers for each subject.
5. When you fill in the Choice form, you must tick the Oxbridge box for the relevant subject.
6. For most subjects, Oxbridge lessons will finish at the end of Michaelmas term. If, however, you are taking Step papers, the lessons will continue in the Lent term.
7. Unless your Oxbridge lessons continue after December, you will be free to choose other Options courses for the Lent term.
8. In the Lent term, most departments use Oxbridge periods for revision and consolidation for anyone who needs it.

Oxbridge Lessons

Biology	SGC (A6&7); AW (B6&7)
Chemistry	CB (A&B 6&7)
Classics	PT (A7, B6); BSE (B7)
Economics	SRM (A6, B6); BJN (A7, B7)
English	JNT (A6,B7); ALH (A7, B6)
French	NJS (A6); ERD (A7, B6); JMB (B7)
Geography	PJW (A&B 6&7)
German	CPT (A6); APD (A7, B6)
History	GWH (A6, B6); ARH (A7, B7)
Law	SF (A7, B7)
Maths	DJ (A6, B7); NAS (A7, B6)
Physics	PH (A&B 6&7)
Politics	TAG (A 6&7, B7); RNK (B6)
RS/Philosophy	ANS (A6); ELB (B6); DB B7)
Russian	NWR (A6); LS (A7, B6)
Spanish	RWS (B7)

Games Options

This double period of Games will run alongside the general studies options and will include many of the games options offered in previous years, as well as providing for the main team squads, including rugby, soccer, hockey & basketball.

Those who are in the following **school squads** must opt for that sport: **Soccer, Rugby, Hockey.**

For those who are not members of above-named squads, but wish to participate in Games, the following will be on offer:

Badminton

This is suitable for any racket players who can play to a reasonable standard and are interested in Badminton.

The course will be an opportunity to play badminton – mainly doubles. It is important that you are prepared to work and want to improve your badminton skills. You should aim to improve balance and footwork, speed around court and agility.

Tactics can be discussed, including ways of winning games, both singles and doubles, by playing intelligently rather than just hitting the shuttle as hard as possible – anticipating rather than reacting.

Prospective team members are strongly encouraged to participate in this option, and all-comers are welcome.

Climbing

All equipment and travel is provided. There is a cost to this Option, for the hire of equipment.

Golf

This will take place at Cranford Golf Centre, and includes expert tuition, as well as transport from and to school. The option is suitable for beginners as well as experienced players, since the professional coaching caters for all-comers. There is a cost to this Option, for the hire of equipment.

Football

This option offers enthusiasts the opportunity to play in organised games run by our own soccer staff. There is separate training for squad players.

Squash

An ideal opportunity for non-players to steal a march on your future fellow-students or colleagues by learning the basics of squash. Ensure that you will not be run dizzy in future encounters on the squash courts, or at least that you will know which end of the racket to pick up, and where to hit the ball. Leaders of the world meet on squash courts.

Squash rackets will be provided.

Table Tennis

Based in the Sports Hall. All-comers are welcome.

Weights/Fitness

Using the rower, multi-gym and loose weights. A very popular option.

Rugby for squad players

1st. and 2nd XVs only.

In addition to the above, **Athletics**, **Cricket** and **Tennis** may be available in the Summer Term.

OTHER COURSES

Whole Year Courses

FRIDAY

Level 1 Certificate in Coaching Rugby Union

(4 periods)

Mr S Swindells

The aim of this course is to provide an introduction to Rugby Union, and the principles and practice of safe, ethical and effective management and coaching of adults and/or young people, as an assistant, under the supervision of a qualified coach.

By the end of the Level 1 Certificate in Rugby Union Coaching, you should be able to:

- Demonstrate an ability to safely organise and supervise rugby union activities, including small-sided and conditioned games;
- Promote and establish working relationships and high standards of behaviour with players, coaches, parents and officials in the overall development of rugby union;
- Demonstrate an understanding of:
 - Generic coaching skills
 - Rugby specific coaching skills
 - Coach and player development
 - Good practice in club management and coaching
 - Health and safety
 - Working with parents, attitudes and ethics
 - Basic laws of the game of rugby union.
- Demonstrate an ability to identify and adapt rugby union activities and sessions for a variety of different age groups
- Demonstrate an awareness of further personal development opportunities in rugby union, including coaching, sports therapy, administration and officiating.

Note: if you wish to take the qualification, there will be some cost, and a compulsory weekend involved.

Whole Year Courses

WEDNESDAY

Martial Arts (4 periods)

Dr R C Bradford

This is an elementary practical course intended for the absolute novice. It will begin with learning and practising the basic throws, stances, blocks and counter-blows used in a variety of styles (e.g. Karate, Jujitsu etc). Once an acceptable standard has been reached, the moves will be incorporated into single-attack sparring using predetermined first moves. In parallel, formal exercises (Kata) will be taught.

Throughout, the emphasis will be on self-improvement rather than achievement in competition. This course will improve the basic fitness of all its participants, and will give them a sound foundation for their personal training.

Chess (4 periods)

Dr A P Burrows

This course is open to players on all levels. If you don't know how to play then come and learn. However, if you want to improve, some basic tactics will be covered such as forks, pins, opening and mating strategies. The emphasis will be on playing and we can organize a knockout tournament depending on numbers. Advanced players also welcome.

Introduction to Film Studies (4 periods)

Mrs E R Dalton

This is an introductory course covering core areas of Film Studies. Particular attention will be given to the following aspects:

- **Introduction of key concepts** needed as tools for film analysis
- **Choosing and working on case studies** from a suggested list (to be agreed by the group of students on the course)
- **Features and genre conventions** associated with the movies chosen by the students: Road Movies, Epics/Historical films, Drama films, Comedies, War (Anti-War) films, etc.
- **Film language, film style and film making**
- **Exhibition, distribution, marketing, reception**
- **Film terms glossary**
- **Analysis of a scene**

- **Bibliography and references** on film analysis: concepts and terminology, resources in English and other languages on request.

The programme of Film Study contains a range of **case studies in English but also in Modern Foreign Languages** illustrating how the Film Industry evolves in a **Global Environment**.

In other words: you will be watching and studying a number of films in English and also in other languages.

Computer Programming (2 periods) **Mr SJ Duffy**

An understanding of computer programming is an increasingly useful skill for anyone interested working in the IT or science worlds. Understanding the basic principles provides students with an edge in these industries. We will look at the main free languages so that students may continue to develop their programming skill when at home.

For beginners this course will look briefly a variety of common computer languages used to teach programming in schools and universities, including Scratch, Alice, Python and Java. Experienced programmers will be able to work on more advanced topics of their own choosing using Python and Java.

The Politics of Killing: Death, Destruction and War in the Contemporary World (2 periods) Period 6 **Mr TA Gregory**

In recent years there has been a significant shift in the way we think about war. As states increasingly resort to supposedly humanitarian principles to legitimise violence in global politics, it no longer seems possible to think about war purely in terms of national interest. In Kosovo, for example, the international community justified its bombing of Serbian troops by arguing that it was needed to prevent the ethnic cleansing of the country's Albanian minority, whilst the ongoing conflict in Libya has been portrayed as an attempt to stop Col. Gaddafi from killing his own people. Even the war in Afghanistan was framed as a humanitarian endeavour, designed to liberate the Afghan women from barbarities of Taliban rule in addition to eradicating the evils of global terrorism.

Although many commentators have welcomed this move, others have remained less than convinced. Some have argued, for example, that countries like the United States are using the rhetoric of humanitarianism to mask new forms of imperialism, hiding their national interests under a veil of compassion. Others have pointed to what they see as Western hypocrisy, highlighting the West's failure to act in places like Rwanda and Darfur. At the same time, this shift towards a more "ethical" foreign policy has also raised some important questions

about the ways in which these wars are fought, particularly in regards to civilian casualties and the over-reliance on airpower.

The purpose of this course is to consider the debates about contemporary warfare with reference to conflicts in Bosnia, Kosovo, Rwanda, Somalia, Afghanistan and Iraq. The course will be of most interest to students hoping to study Politics, History or Sociology at university but is open to all boys who are interested in the subject.

Legal Issues (2 periods) Period 6 **Mr G W Harrison**

In this course we consider legal issues such as:

- what civil rights we have in the UK (and how they can be undermined);
- what ASBOs, control orders and injunctions are;
- what to say to a policeman when being arrested – Mr Harrison knows quite a lot about this; and
- the legal (as opposed to moral) implications of capital punishment, abortion and similarly emotive subjects.

Although anyone considering reading law at university or becoming a lawyer is welcome, this course is intended to appeal to all those who enjoy arguing and want to get better at it.

Creative Writing (2 periods) Period 7 **Mrs A Lloyd-Hughes**

A course for those who:

- love words and get excited by the implications of a particular image, simile, metaphor...
- wish they had the time to indulge their imaginations and be creative
- want the chance to try out and develop an idea they've been carrying around for years
- are willing to exchange ideas with others
- are keen to explore what other writers have done and learn from them
- Whether you are currently studying English, are a potential student of English at university, are a scientist with an untapped urge to write or are somebody who generally wants to develop their creativity, as long as you are serious and passionate about the act of imaginative writing, be it poems, short stories or (radio) plays, you are warmly welcome.

The Dynamics of Personal Finance (2 periods) Period 7
Mr B North

An introduction to the dynamics of personal finance in a world defined by uncertainty. This course could be useful for anyone who wants to know more about how savings can be invested as a way of planning for the future, and how investments are managed by players in the financial services sector: banks, life companies, fund managers and advisers. It may also be of interest to those considering a career in banking or financial services.

The course is open to anyone with an interest, whether or not they are studying Economics or Mathematics. However, those whose eyes do not glaze over at the mere suggestion of charts and figures may get more out of it!

Developing Resources in an Electronic World (2 periods)
Week A Period 7, Week B Period 6
Mr D Preston

We live in a digital and visual age which has come to define the way that we work in both the professional and educational spheres. This course will creatively look at electronic and digital resources and media to see how they can be effectively used. ICT skills would be helpful for this course.

Spanish and Latin American Cinema (2 periods) Period 6
Mr RW Simpson

A chance to watch and analyse the classics of Spanish-speaking cinema, together with the latest releases. Is there an Almodovar film you missed and would like to see? Did you miss them all and want to complete your education? We have all the major Spanish releases of the last 20 years, so in the first session you can help set the agenda by choosing which you would like to study. All the films have English subtitles.

One Term Courses

FRIDAY

Critical Thinking for HAT, LNAT, ELAT, etc, (4 periods)
Mrs LJ Anderson

Many of the specialised tests for entry to university courses in subjects such as Law, History and English require candidates to display critical thinking skills. This course is designed to help you with these questions so you can show off your aptitude for your chosen subjects and put you in a favourable position.

The dates for relevant University admissions tests for this term are:

2nd Nov: TSA, BMAT, ELAT, HAT, MAT, PAT

Until 7th Oct: UKCAT

Until 20th Oct: LNAT.

Ethics for Doctors (2 periods)
Mr D Brown

Quite a high percentage of Old Mancunians end up as medical doctors. In this occupation, you will have to make decisions which affect other people. For instance, in medicine, how do you decide about allocating limited financial resources? Would you support the compulsory sterilization of mentally handicapped teenagers? What about euthanasia? What are the issues surrounding cloning and genetic engineering?

This course will provide you with an introduction to some of the main issues and theories in medical ethics. It will also give you an opportunity to explore a topic in which you may already have an interest, or to develop a new interest. We will discuss a number of real-life case studies, and you may be invited to give a short presentation on an area of medical ethics in which you are interested.